



HIGHLANDER/NBN BASKETBALL SKILLS WORKSHOP

The Highlander/NBN Basketball Skills Workshop is for boys and girls from **5th through 8th grade**. Players will receive 1 1/2- hours of instruction each Saturday where they will **learn footwork, balance, dribbling, rebounding, passing & catching, movement, court awareness and a range of shooting techniques**. This is a **five-week program** and an excellent way to improve your child's skill and knowledge of the game while also allowing them to compete against other players in their age group.

The program will be a **combination of skill development and game play** to maximize player development and to put these skills to work in game situations.

The program will be conducted on Saturdays, July 10-August 7 at the Upland HS gym.

The cost is **\$100 per player** and includes a workout tee.

HOW TO REGISTER

By Mail:

Nothin' But Net Basketball
154-A West Foothill Blvd- #303
Upland, CA 91786

Online:

www.nbnweb.net

FOR FURTHER INFORMATION CALL (909) 949-6937

This is not a school sponsored activity;
This material has not been prepared at the school's expense.

Registration Form

Player's Name _____

Birthdate _____ Grade _____ Boy Girl

School _____

Home Address _____

Apt # _____

City _____

Zip _____

Home Phone _____

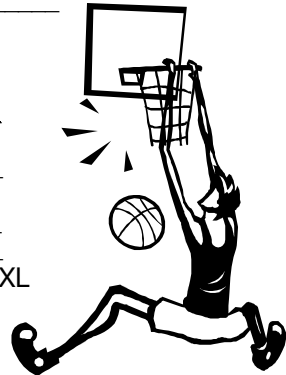
Cell Phone _____

Work Phone _____

Mothers Name _____

Fathers Name _____

Shirt Size - YL AS AM AL X L XXL
(Circle size desired)



Health & Emergency Information

Physician _____

Phone Number _____

Current Medical Insurance Carrier _____

Policy Number _____

Emergency Phone Number (Family / Friend) _____

Special Health Conditions

Asthma Heart Condition Allergies

Other _____

In the event the above named person needs emergency medical treatment or care and neither a parent or neither family member nor family physician can be contacted, consent is granted for emergency treatment as may be considered necessary by the attending physician.

Signature of Parent/Guardian – Date _____

General Wavier

For the purpose of participating in HIGHLANDER/NBN BASKETBALL WORKSHOP, I, the signed below, do hereby agree to release and hold harmless the Upland Unified School District, Nothin' But Net Basketball Program and it's principals and program volunteers acting within their scope of duties, of any personal and financial liability for damages arising from any personal property loss or any bodily injury received while participating in the any of the HIGHLANDER/NBN BASKETBALL WORKSHOP. In the event during the time the above named player is engaged the HIGHLANDER/NBN BASKETBALL WORKSHOP, permission is granted to receive medical treatment by a qualified medical doctor. Failure to complete this form in its entirety is sufficient grounds for the HIGHLANDER/NBN BASKETBALL WORKSHOP to deny registrant from workshop participation.

Signature of Parent/Guardian - Date _____